



FEBRUARY 2024

LES KIDS CAFÉ BREAKFAST MENU

Build A POWER FUELED FREE Breakfast
Every Morning!

Choose at Least 3 items, 4 for Maximum FUEL
& always have your Fruit as an Option

Monday



Choice Of:
Grain: WG Muffin OR
WG Apple Danish
Fruit: Assorted Fruit
100% Fruit Juice
Protein: String Cheese
Milk: 1% low-fat or non-fat Flavored

Tuesday



Choice Of:
Grain: WG Breakfast Bun OR
WG Cereal Option
Fruit: Assorted Fruit or
100% Fruit Juice
Protein: 4oz. Yogurt
Milk: 1% low-fat or non-fat Flavored

Wednesday



Choice Of:
Grain: WG Bagel OR
WG Crumb Cake
Fruit: Assorted Fruit or
100% Fruit Juice
Protein: String Cheese
Milk: 1% low-fat or non-fat Flavored

Thursday

Choice Of:
Grain: WG Bagel OR
WG Pop Tart
Fruit: Assorted Fruit or
100% Fruit Juice
Protein: 4oz. Yogurt
Milk: 1% low-fat or non-fat Flavored

Friday

Choice Of:
Grain: WG Breakfast Bun OR
WG Cocoa Loaf
Fruit: Assorted Fruit or
100% Fruit Juice
Protein: String Cheese
Milk: 1% low-fat or non-fat Flavored

Choice Of:
Grain: WG Breakfast Bun OR
WG Cereal Option
Fruit: Assorted Fruit or
100% Fruit Juice
Protein: String Cheese
Milk: 1% low-fat or non-fat Flavored

Choice Of:
Grain: WG Muffin OR
WG Blueberry Loaf
Fruit: Assorted Fruit
100% Fruit Juice
Protein: 4oz. Yogurt
Milk: 1% low-fat or non-fat Flavored

Choice Of:
Grain: WG Donut Stix OR
WG Cereal Option
Fruit: Assorted Fruit or
100% Fruit Juice
Protein: String Cheese
Milk: 1% low-fat or non-fat Flavored

Choice Of:
Grain: WG Pop Tart OR
WG Cinnamon Loaf
Fruit: Assorted Fruit or
100% Fruit Juice
Protein: 4 oz. Yogurt
Milk: 1% low-fat or non-fat Flavored

Choice Of:
Grain: WG Bagel OR
WG Breakfast Bar
Fruit: Assorted Fruit or
100% Fruit Juice
Protein: 4oz. Yogurt
Milk: 1% low-fat or non-fat Flavored

February
Vacation

No School

February
Vacation

No School

February
Vacation

No School

February
Vacation

No School

February
Vacation

No School

Choice Of:
Grain: WG Donut Stix OR
WG Cereal Option
Fruit: Assorted Fruit or
100% Fruit Juice
Protein: String Cheese
Milk: 1% low-fat or non-fat Flavored

Choice Of:
Grain: WG Muffin OR
WG Cinn. Toast Crunch
Fruit: Assorted Fruit or
100% Fruit Juice
Protein: 4oz. Yogurt
Milk: 1% low-fat or non-fat Flavored

Choice Of:
Grain: WG Breakfast Bun OR
WG Cereal Option
Fruit: Assorted Fruit or
100% Fruit Juice
Protein: String Cheese
Milk: 1% low-fat or non-fat Flavored

Choice Of:
Grain: WG Bagel OR
WG Pop Tart
Fruit: Assorted Fruit or
100% Fruit Juice
Protein: 4oz. Yogurt
Milk: 1% low-fat or non-fat Flavored

WG= WHOLE GRAIN

Please Join us for FREE Breakfast. All Students are Welcome!
Breakfast Gives Learning a Boost!

Milk is Free with Breakfast, Purchased Separately \$.60

Menus are subject to change without notice

This Institution is an equal opportunity provider.

